



Resolutions Worksheet

It's best to do this chart on auto-pilot, take a deep breath, close your eyes and then quickly jot down the numbers that jump into your head without any judgment, you'll get the clearest answers this way.

Motivator Breakdown

Current vs. New Experience

For more support in achieving with your goals:
Facebook Community: Dream Life Mastermind
or book your FREE discovery call today and let's get
dreaming!

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